

ASCENSION SUCCESS LADDER HANDOUT

Your Personal Growth Tracker & Reflection Tool

Name: _____

Date Submitted: _____

Reviewed by: _____

YOUFIRMATION: YOU ARE WORTHY OF SO MUCH MORE

RUNG: AWARENESS

- Are you currently in this stage? (Yes / No): _____
- Date you recognized this stage: _____
- What is your current awareness or realization?
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YOUFIRMATION: YOU MOVE WITH INTENTION

RUNG: ACTIVATION

- Are you currently in this stage? (Yes / No): _____
- Date you activated this stage: _____
- What action(s) have you taken so far?
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YOUFIRMATION: YOU ARE IN TOTAL ALIGNMENT WITH YOUR FUTURE

RUNG: ALIGNMENT

- Are you currently in this stage? (Yes / No): _____
- Date you began aligning: _____
- What habits or disciplines have you developed?
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YOUFIRMATION: YOU CONFIDENTLY APPLY ALL THAT YOU KNOW

RUNG: APPLICATION

- Are you currently in this stage? (Yes / No): _____
- Date you started applying knowledge: _____
- What have you implemented and what results have you seen?
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YOUFIRMATION: YOU ARE THE CEO OF YOUR LIFE AND YOU LEAD WITH DIGNITY

RUNG: ARRIVAL

- Are you currently in this stage? (Yes / No): _____
- Date you felt this arrival: _____
- How are you walking differently now?
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YOUFIRMATION: YOU ARE KNOWN FOR YOUR IMPACT, LIKED FOR YOUR INTEGRITY AND TRUSTED BECAUSE OF YOUR AUTHENTICITY

RUNG: AUTHORITY

- Are you currently in this stage? (Yes / No): _____
- Date you recognized your authority: _____
- What are you known for or becoming known for?
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YOU FIRMATION: YOU ARE CREATED FOR MORE THAN ENOUGH

RUNG: ELOHVATE

- Are you currently in this stage? (Yes / No): _____
- Date you began scaling: _____
- What systems or structures have you created for freedom and legacy?
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YOU FIRMATION: YOU ARE THE DEFINITION OF SUCCESS BEING ASCENDED

REFLECTION

- What does success look like for *you* right now?
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- What's the one step you will take next?
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